

Teladoc.com

# Getting started

It's quick and easy to set up your account.  
And once your account is set up, a doctor is only a call or click away.

**Visit [teladoc.com](https://teladoc.com)**

**Click “Set up account”**

**Provide your name, contact information, and date of birth.**

**If you do not see a username on your welcome kit (or you do not have access to it), choose “No, I do not have a username.”**

**Select “My employer or insurance provider offers me access to Teladoc.”**

**Enter “Galena Park ,6!” in the “Company Name” field.**

**Complete the registration steps.**

**You can also complete your registration over the phone by calling 1-800-TELADOC (835-2362).**

**Employees on the TRS ActiveCare 1 HD plan and those who have waived medical coverage, notify the representative if the  
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